

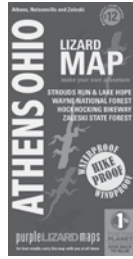
# Strouds Run Area Mountain Bike Trail Map

Athens boasts an extensive trail system that is accessible right from Sells Park the middle of the city, or from trailheads at nearby Strouds Run State Park. Enjoy over 26 miles of singletrack trails that wrap all the way around Dow Lake and connect the city of Athens with Strouds Run State Park via the Dale and Jackie Riddle State Nature Preserve. Stay overnight and enjoy more riding the next day at Lake Hope State Park, less than 20 miles away and featuring nearly 30 miles of singletrack trails open to mountain bikers.



**WANT MORE TRAILS?**

Get the **LIZARD** map of Athens Ohio!



Athens Trail	3.2 miles
Basswood Connector	0.3 miles
Cucumbertree Trail	0.4 miles
Finger Rock Trail	1.0 miles
Hickory Trail	2.8 miles
Hollow Point Trail	3.4 miles
Pawpaw Connector	0.3 miles
Redbud Connector	0.1 miles
Reservoir Trail	0.7 miles
Rockhouse Trail	2.6 miles
Scatter Ridge Trail	0.3 miles
Sourwood Connector	0.2 miles
Sundown Trail	6.6 miles
Thunderbunny Trail	2.9 miles
Trace Trail	1.2 miles
White Ash Trail	0.6 miles
White Oak Connector	0.2 miles

- Biking-Hiking Trail
- ..... Hiking Trail
- Hiking-Bridle Trail
- Athens Bike Path

0 ————— 1/2 mile



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